



# Milwaukie Center

# FEBRUARY 2012 MENU



Milwaukie Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Menu is subject to change at any time. To verify the current day's menu, please call the Center at 503-653-8100.</b></p>		<p>1 Chili Macaroni w/Beef and Beans Green Beans Romaine Salad Corn Bread Mandarin Oranges</p>	<p>2 Scrambled Eggs Hash Brown Patty Tomato and Peppers Sausage Link Coleslaw w/Carrots Bran and Raisin Square</p>	<p>3 Spaghetti w/Tomato Sauce and Vegetables Broccoli and Cauliflower Romaine and Cabbage Salad Garlic Bread Peaches and Apricots</p>
<p>6 Veal Patty w/Gravy Oven Hash Browns Braised Cabbage Beets Apple</p>	<p>7 Pulled Pork w/Bun Sweet Potatoes Puff Collard Greens Coleslaw Blackberry and Apple Crisp</p>	<p>8 Chicken Tetrazzini Italian Vegetables Romaine Salad Whole Grain Roll Pears and Blueberries</p>	<p>9 Meat Loaf w/Gravy Whipped Potatoes Brussels Sprouts Spinach Salad Whole Grain Roll Bran Raisin Bar</p>	<p>10 Breaded Cod Patty w/Slider Bun Baked French Fries Peas and Carrots Green Leaf Lettuce w/Tomato Slices Tropical Fruit</p>
<p>13 Salisbury Steak w/Mushroom Gravy Mashed Potatoes w/Cauliflower Broccoli Whole Grain Roll Oranges</p>	<p>14 Orange Chicken Thigh Grande Grains Asian Blend Vegetables Pineapple Coleslaw Whole Grain Roll Tropical Fruit</p>	<p>15 Pork Chop Oven Hash Browns Steam Cabbage Fruit Cocktail Whole Grain Roll White Cake</p>	<p>16 Ground Beef w/Gravy Peas and Carrots Mashed Potatoes Romaine Salad Whole Grain Roll Peaches</p>	<p>17 Turkey Patty w/Gravy Savory Dressing Sweet Potatoes w/Apples Spinach Salad Whole Grain Roll Apricots</p>
<p>20  <b>Presidents Day</b>  <b>Center Closed</b></p>	<p>21 Spaghetti w/Tomato Sauce Meatballs Brussels Sprouts Whole Wheat Roll Orange</p>	<p>22 Chicken Nuggets Peas and Carrots Mashed Potatoes Carrot Slaw w/Raisins Whole Grain Roll Blushing Pears</p>	<p>23 Vegetable Frittata Potatoes w/Peppers Apricots Apple and Date Muffin Butterscotch Pudding</p>	<p>24 Asian Tuna Rice Casserole Broccoli and Cauliflower Egg Roll Asian Slaw Fortune Cookie</p>
<p>27 Pork Chop Mashed Potatoes w/Gravy Spinach w/Tomatoes Whole Grain Roll Banana</p>	<p>28 Fish Burger w/Slider Bun Oven Hash Brown Oregon Blend Vegetables Tomato Slice and Lettuce Pineapple Coleslaw</p>	<p>29 Five Spice Chicken Grande Grains Asian Medley Vegetables Romaine Salad Whole Grain Roll Chocolate Chip Cookie</p>	<p><b>The suggested donation is \$2.50 which covers a portion of the meal's cost.</b></p> <p><b>Your donation helps us to be able to provide this service.</b></p> <p><i>Thank you</i></p>	

**Milwaukie Center Nutrition Program: 503-654-3030**

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