



Milwaukie Center JANUARY 2012 MENU



Milwaukie Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>New Years Day Holiday</p> <p>Center Closed</p>	<p>3</p> <p>Chicken Patty w/Bun Peas, Carrots and Cauliflower Sweet Potato Puffs Orange Sugar Cookie</p>	<p>4</p> <p>Spaghetti w/Meat Sauce Pasta Italian Green Beans Garlic Bread Tossed Salad w/Spinach and Tomato Jello w/Frozen Strawberries</p>	<p>5</p> <p>Krabby Cakes Grande Grains w/Celery, Onions and Carrots Brussels Sprouts Whole Grain Roll Cranberries, Apples and Raisins Date Bar</p>	<p>6</p> <p>Beef Meatloaf Mashed Potatoes w/Gravy Broccoli Wheat Roll Apricots Applesauce Cake w/Raisins and Walnuts</p>
<p>9</p> <p>Kielbasa Sausage Cheesy Grits Spinach w/Tomatoes Whole Grain Roll Banana Chocolate Chip Cookie</p>	<p>10</p> <p>Orange Chicken Thigh Brown Rice Pilaf Braised Cabbage Bran Muffin Tropical Fruit Fortune Cookie</p>	<p>11</p> <p>Spinach and Beef Lasagna Cauliflower and Broccoli Garlic Whole Grain Roll Romaine Salad Fruit Cocktail Cup</p>	<p>12</p> <p>Pork Chop Mashed Potatoes w/Gravy Green Beans Whole Grain Roll Fresh Banana and Vanilla Pudding Apple Bran Muffin</p>	<p>13</p> <p>Chicken Chow Mein Brown Rice Asian Vegetables Mandarin Oranges w/Pineapple Whole Grain Roll Fortune Cookie</p>
<p>16</p> <p>Martin Luther King Day</p> <p>Center Closed</p>	<p>17</p> <p>Veal Scaloppini Noodles w/Tomato Sauce Broccoli Whole Grain Roll Apple Oatmeal Cookie</p>	<p>18</p> <p>Beef and Red Bean Chili Con Carne Corn Bread Green, Wax, Kidney and Lima Beans w/Carrots and Peas Cabbage Slaw Peaches</p>	<p>19</p> <p>Baked Potato w/Cheese and Ground Beef Broccoli Pinto Beans Romaine Salad Apple Crisp</p>	<p>20</p> <p>Pork Chop and Gravy Whipped Potatoes w/Cauliflower Brussels Sprouts Honey Bran Muffin Peaches Blushing Pear</p>
<p>23</p> <p>Meatballs w/Gravy Mashed Potatoes Carrots, Peas, Corn, and Lima and Green Beans Whole Grain Roll Oatmeal Raisin Cookie Banana</p>	<p>24</p> <p>Fish Patty Wild Rice Pilaf Italian Green Beans Whole Grain Roll Coleslaw w/Carrots, and Red and Green Cabbage Peaches</p>	<p>25</p> <p>Vegetarian Frittata w/Cheese Zucchini, Onions, Tomatoes and Yellow Peppers Date Bran Muffin Carrot Slaw/Raisins Blueberry Crisp</p>	<p>26</p> <p>Hamburger w/Bun, Lettuce and Tomato Sweet Potatoes Cauliflower, Carrots and Broccoli Apricots</p>	<p>27</p> <p>Chicken Cacciatore Gnocchi Dumplings Italian Green Beans Garlic Toast White Cake w/Crème Frosting Peaches and Pears</p>
<p>30</p> <p>Cube Steak w/ Mushroom Gravy Mashed Potatoes Peas and Onions Roll Orange</p>	<p>31</p> <p>Chicken w/Pineapple Fried Rice, Onions, Celery and Egg Asian Vegetable Blend Mini Egg Rolls Slaw Salad w/Cabbage, Carrots and Romaine Mandarin Oranges Date Muffin</p>	<p>The suggested donation is \$2.50 which covers a portion of the meal's cost.</p> <p>Your donation helps us to be able to provide this service.</p> <p><i>Menu is subject to change at any time.</i></p> <p><i>To verify the current day's menu, please call the Center at 503-653-8100.</i></p> 		