NORTH CLACKAMAS PARKS AND RECREATION DISTRICT Division Reports December 2011

Milwaukie Center

Programs/Services

- Social services staff is responding to requests for food boxes, food resources, prescription assistance and rent assistance.
- The Center administered free, confidential memory screenings to 64 individuals on Nov 15, National Memory Screening Day. Several "at risk" individuals were identified and provided follow up resources.
- Linfield nursing students held a Winter Wellness Health Fair on Nov17, providing free flu shots, information on the new USDA MyPlate method for healthy eating, and instruction on proper hand washing techniques.
- Registration for Winter and Spring Term classes is open and nearly 300 people signed up for Winter term, which starts the week of Jan 9, 2012.
- The Milwaukie Center Transportation Program partners with all Metro area non-profit transportation providers to provide the most comprehensive services possible. This partnership's Elderly and Disabled Transportation Plan (EDTP) encourages close cooperation and sharing of knowledge and resources. The range of services varies based on location, yet in most areas options exist for seniors who no longer drive.
- The Milwaukie Center holds 11 well-attended activity groups for people with common interests. Milwaukie Center Singers has a new music director, who brought 10 new participants to the group. The group often provides concerts around the area, bringing the joy of seasonal music to the community.

Fund-raising

- The Quilt Show Committee has sold over \$600 of raffle tickets for their beautiful quilt, "O, Happy Day!" Proceeds from the raffle support the Center's community quilt show, "Airing of the Quilts," in March, 2012.
- The Nutrition Program held its annual Famous Sunday Thanksgiving Dinner on Nov 20, with over 350 community folks enjoying a full holiday meal. Wine and Italian Soda were available, courtesy of The Friends of the Milwaukie Center. Many thanks to Bob's Red Mill for sponsorship of the event.
- The Friends of the Milwaukie Center held their 3rd annual Big Bash Bake Sale on Friday, Nov 18. Patrons purchased an array of delicious goodies and chances to win great raffle baskets. This event made over \$600, with proceeds benefitting the Sara Hite Memorial Rose Garden Maintenance Fund.
- The Friends of the Milwaukie Center's annual campaign envelope went out with the November Centerpoint newsletter. All patrons of the Milwaukie Center are asked to give at least \$5 each to support the programs and services of the Center.

Coming Up

- Diabetes Support & Education group: Wed, Dec 7, 1:30 p.m.; Janet Meirelles will discuss "What's New in Diabetes" and Tom Slaten will also present material on "Protecting Yourself Against Identity Theft."
- Healthy Aging Seminar: Mon, Dec 5 10:30 a.m. to noon; **Holiday Wellness.** Learn about holiday stress and how to change it, presented by VIEWS staff through their "Conversations on Aging" program.
- Winterfest: Tue, Dec 13, 1:30 to 3 p.m., sponsored by Signature Graphics. Harp and flute duo, Celtic Trill and singer and keyboardist, Lyle Chaffee will be performing. There will be door prizes, refreshments, and a visit from Mr. and Mrs. Claus. Participants are asked to bring a can of food in support of the annual food drive.

Planning

Anderegg Property

NCPRD and Damascus staff is working with Greenworks Landscape Architecture to develop a neighborhood park concept plan. A community meeting will be held on January 7, 2012. More information will be available at the NCPRD Website Planning page at http://ncprd.com/planning/current-projects.

Mt. Scott/Scouter Mountain Trail

The City of Happy Valley hosted the Mount Scott-Scouter Mountain Trail Master Plan Project Advisory Committee (PAC) Kick-off Meeting on Thurs, Nov 17. Space is available for a member of the DAB on the PAC. PAC members would attend a limited number of meetings (approximately six) over the 18-month planning period, two open houses, and site visits, as needed. There are also opportunities to participate when briefing advisory groups and governing bodies of the jurisdictions in the plan area (BCC, DAB, etc.). Please contact Katie Dunham at 503-742-4358 or kdunham@clackamas.us if you would like to be part of the PAC.

Mt. Talbert Nature Park

NCPRD Staff is working with Happy Valley and Metro to apply for annexation of Mt. Talbert to the City of Happy Valley. This would allow for greater enforcement of park rules and regulations. The BCC approved applying for annexation at their Nov 22 meeting.

Master Plan/Strategic Plan Update

A short update on the Master Plan update was provided at the November DAB meeting. Staff requests two or three DAB members to participate in the RFP selection process in Jan and Feb, and will include individual review of proposals and a meeting with the review committee to discuss and choose a consultant for the project. The review committee will have one week to individually review proposals. The review committee also reserves the opportunity to interview proposers before selecting a consultant. Please contact Katie Dunham at 503-742-4358 or kdunham@clackamas.us if you would like to be part of the proposal review committee.

Trolley Trail

The Trolley Trail construction continues. The contractor is currently working between Park and Courtney (Segment 3), and Boardman and Jennings (Segment 7) and Kellogg Creek to River Road (Segment 1). The entire length of the trail is still under construction. Current estimated

completion is spring 2012, and is dependent upon weather and site conditions. Please visit the project website at: http://www.hhpr.com/trolleytrail/updates.html

Aquatic and Recreation Division

North Clackamas Aquatic Park

- Aquatic Park hosted a photo shoot on Nov 1. These pictures will be used for future advertisements and publications.
- The Aquatic Park is open for additional daily Big Surf! swims Nov 11 and 25 and Dec. 26 to 30 from 1 to 5 p.m..
- High School swim season began Nov 14. The Aquatic Park is the home practice and meet site for three local high school teams, three private club youth teams and two adult masters teams.
- The Aquatic Park hosted the M.D.A. group for their Nov family night out event. Additionally, the Aquatic Park hosted a local school group for day swim rental.
- Clackamas High School freshman PE classes were held at the Aquatic Park with approximately 400 students.

Recreation Programs

- Recreation staff held four Parent Orientations and registered over 200 children for Mini-Hoopers and Cheer Team..
- Each Mini Hooper and Cheer team will be led by a volunteer coach completes a National Youth Sports Coaching Association orientation.
- Practice begins the second week of Jan with games beginning on Jan 28 at Mt. Scott Elementary School gym. Staff secured sponsorships from Better Homes and Gardens Realty and Sports Authority which will offset some of the increased scholarship demand. New programming:
- During winter break, recreation staff will lead all-day youth excursions to area attractions including Safari Sam's and indoor skateparks.
- The Indoor Playground program, a drop-in, supervised play-time for children ages 6 months to 4 years old, returns in Jan at the School District's Wichita Center for Family and Community.
- In Jan, cartooning, photography, youth archery, horseback riding, bowling and a wide variety of classes will be offered in partnership with Precision Elite gymnastics and Spotlight Performance.

Hood View Park (HVP)

- Local youth organizations, Thelo United Futbol, Clackamas United Soccer Club, and Clackamas Youth Football's fall seasons came to an end mid-Nov. The organizations were using fields at HVP Mon through Thurs for practices and games since mid-Aug.
- NCPRD adult softball leagues and tournaments will use HVP fields Fri through Sun through mid-Dec.
- Rock Creek Middle School continues to use fields for their physical education classes.
- Clackamas High School's boys and girls soccer teams use the fields at HVP for practices in Nov in preparation for the state playoffs.

Alder Creek Middle School Turf Field

Weeknights were busy with local youth football and soccer practices. Saturdays youth football playoff games hosted by Milwaukie Youth Football were played, and local youth soccer games on Sundays.

Milwaukie and Rex Putnam High School Turf Fields

- Youth football playoffs hosted by Putnam Youth Football played on Saturdays, and youth soccer tryouts on Sundays.
- Clackamas United Soccer Club and Thelo United Futbol soccer games played on the Milwaukie High School field on Saturdays. Adult flag football kept the field busy on Sundays.

Mt Scott Elementary Gymnasium

Three nights a week and Sundays the gym was used for adult basketball. Tuesday nights were full with our adult drop-in volleyball program.

Parks Maintenance

Construction Projects

Energy Comfort and Construction completed the \$45,439.00 energy upgrades at the Stringfield Family Park house including:.

- Attic and exterior wall insulation
- Two state-of-the-art mini-split ductless heat pump systems (one upstairs and one basement)
- Lead window abatement
- New windows throughout the house (22 in total)
- Funding for the upgrades provided through the County's office of sustainability with funds made available from an Energy Efficiency and Conservation Block Grant

Maintenance

- Leaf mulching
- Irrigation systems and unheated restrooms are winterized for the season
- Equipment is being repaired and serviced by staff
- Ongoing pesticide recertification workshop credits for staff
- Pesticide use reporting for the year completed
- Annual system wide playground inspections and repair audit

Vandalism/Damages

Graffiti at Watertower Park

Natural Resources

Program Operations

• Operations have moved from Stringfield Family Park to combine with the Maintenance Program in Milwaukie off 40th and Harvey. The NR staff has access to a computer and the rest of the maintenance shop facilities.

- Maintenance of grant project sites, weed control, beaver caging etc.
- Starting to collect live stakes to plant in parks (willows, dogwood, ninebark etc.)
- Fall is the time to control weed tree species because we are out of the migratory bird treaty act time period (we will have no nesting birds). The trees energy is also flowing into the roots so that helps us kill them more efficiently.
- *NRP Annual Report* -Staff finished the 2010-2011 annual report which summarizes accomplishments for 2010-2011 and outlines goals for 2011-2012. NR staff will present the results at the Jan DAB meeting.

Projects

- *Fire Management Project* Staff is working with the contractors to have final draft version of the plan ready by the end of Jan. A public meeting is planned that will present the project, the draft plans for the priority parks for the end of Jan, beginning of Feb.
- NCP NIN small restoration, Rivervilla, Stringfield and Risley grants: All of these grant projects are moving along smoothly. Thousands of plants for these and other projects were purchased and planting will be Dec through early March. We hope to have some volunteer planting events in late Jan and Feb and will make sure to notify the DAB of these events.
- Spring Park Natural Area Plan: A draft natural resources plan was created to help evaluate plan and prioritize the next steps for implementing actions at Spring Park including a vegetation rehabilitation plan, trail and overlook plan and education signage.