

SUMMER CAMP DESCRIPTIONS

FOR EVERYONE AGES 4-18

Dance Around the World | Ages 4-7

Explore the world through dance. Discover exciting dance choreography and techniques from different cultures around the globe, including the customs and costumes that bring each dance to life. Dancers will also make accessories to wear for a final presentation.

Hawaiian Hula Days | Ages 4-7

Hawaii comes to you! Explore songs and dances from the islands. Study the language and culture, play ancient Hawaiian games, make leis and accessories for an end-of-camp hula performance. Discover your voice and get to know the world of others.

Fun Field Days | Ages 5-12

Get outside and play! Campers will enjoy a variety of outdoor games, activities and obstacle courses. This camp promotes active play, cooperation, sportsmanship and lots of fun.

Learning Lacrosse | Ages 5-12

Take the cookie to the cooker. Campers will be introduced to the game of Lacrosse and learn fundamental skills through exciting games and activities. Whether it's your first time picking up a stick or you've played before, you'll want to check this camp out.

Track & Field | Ages 5-14

Run faster and go farther. Campers will experience the thrill of setting new personal bests in track and field events like sprints, relays, long jump, javelin and more. This camp will conclude with a mini meet to showcase campers' newly learned skills.

Track & Field Jumps | Ages 8-14

Jump higher and further! Campers focus on developing jump technique and skill for high jump, long jump and triple jump. Space is limited.

Outdoor Explorers | Ages 5-10

Discover the world around you! Campers will roll up their sleeves and dig into fun as they learn about and explore the great outdoors through a variety of hands-on projects and activities.

Super Hoopers | Ages 5-14

Dribble, drive and dish the ball. Open to all skill levels, campers will hit the court to execute the basics and pick up new skills from a variety of activities, drills and exciting games.

Cheer Starz | Ages 5-14

Shake your pom-poms and show your spirit. Campers will learn a choreographed cheerleading routine incorporating jumps and basic stunting skills to be performed for family and friends on the final day of camp. Camp participants are invited to walk in the City of Happy Valley's Independence Day Parade on the Fourth of July. Parade participants are responsible for transportation to and from the parade site.

Missoula Children's Theatre | Ages 6-18

NCPRD and The Missoula Children's Theater present THE TORTOISE VERSUS THE HARE, an original adaptation of the classic fairy tale.

On Monday, July 10, each child will receive their role for the play. Please plan to pick your child up at noon as they may not have rehearsal in the afternoon. Each role will have their own specific rehearsal days and times. Rehearsal times will fall between 10 a.m.-2:30 p.m. and depend upon role received.

Performances: July 15 at 3 p.m. and 5 p.m. Each actor will receive two free tickets to the performance. Additional tickets are \$5 each.

A host family is needed to house two directors. Call (503) 794-8009 if you are able to open your home for the week and you will receive one free registration.

Horseback Riding | Ages 8-18

Learn the ropes of English style riding. Highland Stables provides professional instruction on riding and horse care, with a focus on safety. Participants will develop riding skills based on the US Pony Club D Standards.

Tennis | Ages 9-14

Campers will learn the proper grip, footwork, and techniques for each stroke, all while mastering the rules and etiquette of this exciting lifetime sport. Tennis racquets provided.

Beginners (9-13) - Campers will experience the fun in fundamentals. Campers will learn and practice various groundstrokes through exciting games and challenges.

Basic/Intermediate (9-13) - Campers will review fundamentals, while improving their footwork and rally stamina through a variety of fun games.

Middle School Intermediate (12-14) - Campers will sharpen their groundstrokes through competitive challenges and games. Campers will enjoy this camp created for junior high students with varying levels of tennis experience.



REGISTER AT
NCPRD.COM

SUMMER CAMP SCHEDULE

FOR EVERYONE AGES 4-18

DATE	CAMP	DAYS	TIME	AGE	LOCATION	FEE		
6/26-6/30	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
6/26-6/30	Fun Field Days	M-F	9 a.m.-noon	5-12	Hood View Park	R \$95/NR \$105	X	X
6/26-6/30	Outdoor Explorers	M-F	1-4 p.m.	5-10	Hood View Park	R \$95/NR \$105	X	X
6/26-6/30	Hawaiian Hula Days	M-F	9:30-11:30 a.m.	4-7	Milwaukie Center	R \$85/NR \$95		
6/26-6/30	Cheer Starz	M-F	9 a.m.-noon	5-14	Campbell Elementary	R \$95/NR \$105	X	X
6/26-6/30	Tennis Beginner	M-F	9:30 a.m.-noon	9-13	Happy Valley Park	R \$95/NR \$105	X	X
7/3-7/7	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
7/10-7/14	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
7/10-7/14	Track & Field	M-F	9 a.m.-noon	5-14	Rex Putnam HS	R \$95/NR \$105	X	X
7/10-7/14	Track & Field Jumps	M-F	1-3:00 p.m.	8-14	Rex Putnam HS	R \$65/NR \$75	X	X
7/10-7/14	Tennis Basic/Intermediate	M-F	9:30 a.m.-noon	9-13	Risley Park	R \$95/NR \$105	X	X
7/10-7/15	Missoula Children's Theatre	M-Sa	10 a.m.-2:30 p.m.*	6-18	Rock Creek MS	R \$80/NR \$90		
7/17-7/21	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
7/17-7/21	Tennis Beginner	M-F	9:30 a.m.-noon	9-13	Happy Valley Park	R \$95/NR \$105	X	X
7/17-7/21	Tennis Basic/Intermediate	M-F	1-3:30 p.m.	9-13	Happy Valley Park	R \$95/NR \$105	X	X
7/17-7/21	Fun Field Days	M-F	9 a.m.-noon	5-12	Hood View Park	R \$95/NR \$105	X	X
7/17-7/21	Outdoor Explorers	M-F	1-4 p.m.	5-10	Hood View Park	R \$95/NR \$105	X	X
7/24-7/28	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
7/24-7/28	Super Hoopers Grades K-2	M-F	9 a.m.-noon	5-8	Verne Duncan	R \$95/NR \$105	X	X
7/24-7/28	Super Hoopers Grades 3-5	M-F	1-4 p.m.	8-11	Verne Duncan	R \$95/NR \$105	X	X
7/24-7/28	Tennis Middle School Intermediate	M-F	9:30 a.m.-noon	12-14	Happy Valley Park	R \$95/NR \$105	X	X
7/31-8/4	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
7/31-8/4	Super Hoopers Grades 6-8	M-F	1-4 p.m.	11-14	Verne Duncan	R \$95/NR \$105	X	X
7/31-8/4	Dance Around The World	M-F	9:30-11:30 a.m.	4-7	Milwaukie Center	R \$85/NR \$95		
7/31-8/4	Outdoor Explorers	M-F	9 a.m.-noon	5-10	Hood View Park	R \$95/NR \$105	X	X
8/7-8/11	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
8/7-8/11	Learning Lacrosse	M-F	9 a.m.-noon	5-12	Hood View Park	R \$95/NR \$105	X	X
8/7-8/11	Tennis Basic/Intermediate	M-F	9:30 a.m.-noon	9-13	Happy Valley Park	R \$95/NR \$105	X	X
8/7-8/11	Tennis Beginner	M-F	1-3:30 p.m.	9-13	Happy Valley Park	R \$95/NR \$105	X	X
8/14-8/18	Track & Field	M-F	9 a.m.-noon	5-14	Alder Creek MS	R \$95/NR \$105	X	X
8/14-8/18	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆
8/21-8/25	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	R \$285/NR \$295		◆

YOUTH SUMMER CAMPS - 4-18 YEARS



CAMP T-SHIRT INCLUDED



ATHLETIC ATTIRE WITH SNEAKERS REQUIRED

ALL EQUIPMENT IS PROVIDED

Campers: Bring a snack and water each day. *Missoula Theatre: Rehearsal times vary.

◆Horseback Camps: Boots or hard-soled shoes must be worn. Riding helmets are provided.