



Feb. 24, 2014

**Contact:** Marty Hanley, Milwaukie Center Senior Services Supervisor  
[martyh@clackamas.us](mailto:martyh@clackamas.us); (503) 794-8058

### **HELP SUPPORT MEALS ON WHEELS DURING “MARCH FOR MEALS”**

**Milwaukie, OR** – The month of March is the Milwaukie Center’s annual “March for Meals” fundraising campaign for the Meals on Wheels program. Meals on Wheels, a program where volunteers deliver meals to older adults and people with disabilities, provides more than 65,000 meals annually. Join North Clackamas Parks and Recreation District, which operates the Milwaukie Center, in this month-long campaign to ensure that no senior goes hungry. Your donations make a profound difference.

More than 100 volunteer drivers deliver meals to the most vulnerable population in North Clackamas County – the fragile, homebound and elderly. The meals are prepared five days a week from the Milwaukie Center (and service is available seven days a week for nearly 200 residents who rely on daily service).

Local businesses from throughout the area have again signed on to help us with the campaign. Bob’s Red Mill is matching all donations made at their Milwaukie store. The Happy Valley New Season Market is taking donations at the register, and the McLoughlin branch of Clackamas Federal Credit Union is also taking donations. Each dollar raised during this campaign supports the daily operations of the Milwaukie Center’s Nutrition Program (Meals on Wheels). Each meal costs \$6 to produce, \$3 of which is reimbursed through federal funds. The annual March for Meals drive is a crucial fundraising tool to support the program’s success.

#### **Here’s what you can do to support Meals on Wheels:**

- Make a donation when you checkout at Bob’s Red Mill Store, 5000 S.E. International Way, Milwaukie, and Bob’s will MATCH your donation!
- Shop at New Seasons Market, 15861 S.E. Happy Valley Town Center Drive, Happy Valley, in March and make a donation at the check-out.
- Drop into Clackamas Federal Credit Union’s McLoughlin branch, 1800 S.E. McLoughlin Blvd., to make a donation.

Help us make our goal of \$35,000 for the month – a huge effort for an important cause. For more information, call Kathi Schroeder at (503) 654-3030.

**Upcoming photo opportunities:** These dignitaries will be riding along with the Meals on Wheels program for a day on these dates: Milwaukie Mayor Jeremy Ferguson on March 11, State Representative Jeff Reardon on March 19 and Clackamas County Commissioner Jim Bernard on March 24.

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***North Clackamas Parks and Recreation District*** is a service district of Clackamas County dedicated to providing exceptional parks and recreation programs, facilities and services. Voters approved the formation of the District in 1990 because they saw the need for greater parks and recreation services in the north end of the county. The District – which serves more than 116,000 residents in a 36-square mile area – includes the cities of Happy Valley, Milwaukie and a large area of unincorporated Clackamas County. Our mission: To enrich community vitality and promote healthy living through parks and recreation.