



Milwaukie Center MAY 2016 MENU



NORTH CLACKAMAS
PARKS & RECREATION DISTRICT
MILWAUKIE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pulled Pork Sandwich Tater Tots Scandinavian Veggies Orange	3 Meatballs w/Gravy Mashed Potatoes Spinach & Tomatoes Peas Three Bean Salad Tropical Fruit	4 Chicken Pot Pie Green Beans Corn Spinach Salad Peaches	5 Chicken Burrito w/ Enchilada Sauce Black Beans Spanish Rice Corn Chips Sour Cream *Cinco de Mayo Dessert available for \$1.00	6 Hot Dog on a Bun Sweet Potatoes Oregon Bean Blend Bran Bar
9 Sloppy Joes Collard Greens Baked Fries Yogurt Cup	10 Tuna Salad Sandwich Bean & Pasta Salad Lettuce & Tomato Cottage Cheese Peaches	11 BBQ Chicken Thigh Roasted Potatoes Capri Mix Vegetables Baked Beans Wheatberry Salad Pears	12 Vegetarian Lasagna Casserole Green Beans Roll Cabbage Slaw Apricots	13 Baked Cod Polenta Spinach Roll Mixed Green Salad Spiced Apples
16 Dijon Chicken Wild Rice Pilaf Brussels Sprouts Roll Apple	17 Baked Salmon Quinoa Peas and Carrots Roll Broccoli Slaw	18 Ham Pizza Mixed Vegetables Carrots Antipasto Salad Pineapple	19 Taco Spanish Rice Tomato & Mango Salsa Shredded Lettuce Non Fat Yogurt	20 Spaghetti Green Beans Garlic Bread Romaine Salad Fruit Cocktail
23 Beef Stroganoff Tomatoes & Peppers Roll Cookie	24 Orange Spice Chicken Couscous Broccoli & Cauliflower Roll Asian Slaw Mandarin Oranges	25 Red Beans & Rice Zucchini Corn Muffin Carrot & Raisin Salad Cake *Birthday Cake at the Center from Emeritus	26 Penne Pasta Baby Carrots w/ginger Garlic Bread Green Salad Pears	27 Fish Sandwich Scandinavian Veggies Beets Potato Salad Grapes
	31 Baked Potato w/Cheese Chili Broccoli Orange	<p>The suggested donation is \$3.00 which covers a portion of the meal's cost. Your donation helps us to be able to provide this service.</p> <p><i>Menu is subject to change at any time. To verify the current day's menu, please call the Center at 503-653-8100.</i></p> <p><i>Thank you</i> </p>		