



SEPTEMBER 2016 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thank you to Bob's Red Mill for providing all our baking needs and more.</p> <p><i>Your donation for the meal keeps them wheeling. Suggested donation is \$3.00.</i></p>			<p>1</p> <p>Sloppy Joe Sandwich Collard greens Sweet Potato Tots Quinoa Salad Cranberries & Almonds</p>	<p>2</p> <p>Soft Taco Mexi Corn Black Beans Tomatoes & Mangos Pudding</p>
<p>LABOR DAY</p>	<p>6</p> <p>Swedish Meatballs Egg Noodles Braised Cabbage Roll Applesauce Cup</p> <p>CENTER CLOSED</p>	<p>7</p> <p>Turkey Lettuce Wrap Potato Salad Orange Wedge Yogurt Cup</p> <p>CENTER CLOSED</p>	<p>8</p> <p>NO MEALS ON WHEELS TODAY</p> <p>STAFF MEETING</p>	<p>9</p> <p>Chicken Parmesan Green Beans Quinoa Roll Banana</p> <p>CENTER CLOSED</p>
<p>12</p> <p>Turkey Corndog Tater Tots Kale Juice Cup</p>	<p>13</p> <p>Beef & Broccoli Stir Fry Yakisoba Noodles Snow Peas & Almonds Veggie Egg Roll Fortune Cookie</p>	<p>14</p> <p>Pancakes Strawberries Turkey Sausage Dried Fruit & Nuts</p>	<p>15</p> <p>Turkey Sandwich Pea Salad Goldfish Crackers Cabbage Slaw Pears</p>	<p>16</p> <p>Baked Potato w/Cheese Vegetarian Chili Broccoli Mandarin Oranges Tomatoes & Cucumbers</p>
<p>19</p> <p>Fajita Chicken Corn Tortillas Pinto Beans Spanish Rice Apple</p>	<p>20</p> <p>Pork Loin Polenta Carrots Roll Mixed Green Salad Fruit Cocktail</p>	<p>21</p> <p>Tomato w/Tuna Antipasto Salad Cottage Cheese Cookie</p>	<p>22</p> <p>Meatloaf w/Gravy Mashed Potatoes Peas Roll Bran Bar Carrot Raisin Salad</p>	<p>23</p> <p>Jambalaya Basmati Rice Scandinavian Vegetables Corn Bread Green Salad Blueberry Crunch</p>
<p>26</p> <p>Baked Cod Lemon Herb Rice Peas & Carrots Swiss Chard Cookie</p>	<p>27</p> <p>Chicken Caesar Salad Three Bean Salad Croutons Yogurt Peaches</p>	<p>28</p> <p>Beef Chili w/Cheese Cornbread Spinach Beet Salad Cake</p> <p>*Birthday Cake from Emeritus</p>	<p>29</p> <p>BBQ Chicken Roasted Vegetables Baked Beans Garlic Bread Melon</p>	<p>30</p> <p>Pasta Primavera Baby Carrots Roll Broccoli Salad Dried Fruit & Nuts</p>

