

# NORTH CLACKAMAS AQUATIC PARK

## WINTER/SPRING 2017

# H2O FITNESS CLASS SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30-8:30 a.m.							H2O Deep
8-9 a.m.		H2O Fit		H2O Fit		H2O Fit	
8-9 a.m.		Deep H2O		Deep H2O		Deep H2O	
9-10 a.m.		H2O Fit		H2O Fit		H2O Fit	
10-11 a.m.		H2O Fit		H2O Fit		H2O Fit	
11-11:45 a.m.		H2O SMILE		H2O SMILE		H2O SMILE	
12-12:45 p.m.			Deep H2O				
6-7 p.m.		Deep H2O	Deep H2O	Deep H2O	Deep H2O	Schedule subject to change based on attendance.	
7-8 p.m.		H2O Fit	H2O Gym	H2O Fit	Aqua Fit		

No Evening H2O Fitness classes: Jan. 16, Feb. 20, Mar. 27-31

No noon H2O Deep class: Mar. 28

No H2O Fitness classes on May 29

## FEES

	Non-Resident	Resident
H2O Fitness	\$5.50	\$4.50
H2O Fitness Punch Card	\$90 (18 classes)	\$72 (18 classes)

[www.pdxsurf.com](http://www.pdxsurf.com)  
(503) 557-SURF (7873)

Effective January 2-June 16, 2017

