



NOVEMBER 2017 MENU

Milwaukie Center Nutrition Program

Mon	Tue	Wed	Thu	Fri
<p>Join us for the same lunch served at the Center at Noon.</p> <p>Transportation is available by calling 503-794-8014</p>	<p>Thank you to Bob's Red Mill for all our baking needs and more.</p> 	<p>1 Beef Stew Broccoli Cornbread Spinach Salad Mandarin Oranges</p>	<p>2 Salmon Filet Couscous Capri Vegetables Roll Green Salad Pudding</p>	<p>3 Waffle w/Strawberries Boiled Egg Turkey Sausage Cottage Cheese Pineapple</p>
<p>6 Stir Fry Rice Glazed Carrots Egg Roll Apple</p>	<p>7 Pulled Pork Sandwich Broccoli Normandy Baked Beans Applesauce</p>	<p>8 Tuna Noodle Casserole Peas and Carrots Roll Chopped Peaches</p>	<p>9 Spaghetti Green Beans Garlic Bread Spinach Salad Fruit Cocktail</p>	 <p>VETERANS DAY</p>
<p>13 Baked Chicken w/Gravy Mashed Potatoes Broccoli Roll Orange</p>	<p>14 Tuscan Turkey Sandwich Pasta Salad Carrot Raisin Salad Oat Bran Bar Blueberries</p>	<p>15 Beef Soft Taco Refried Beans Fiesta Corn Shredded Lettuce Tomato & Mangoes</p>	<p>16 Sausage & Peppers Braised Cabbage Roasted Potatoes Roll Berry Crunch</p>	<p>17 Frittata Oatmeal w/Fruit & Nuts Sausage Banana</p>
<p>20 Turkey & Gravy Dressing Baby Carrots Cranberry Sauce Roll</p>	<p>21 Cod w/Lemon Rice Pilaf Capri Vegetables Roll Coleslaw</p>	<p>22 Linguini w/Pesto Spinach & Peppers Garlic Bread Romaine Salad Tropical Fruit</p>	 <p>Happy Thanksgiving</p>	 <p>WE'RE CLOSED!</p>
<p>27 Chicken Caesar Salad Croutons Three Bean Salad Cookie</p>	<p>28 Chili Green Beans Cornbread Applesauce & Berries</p>	<p>29 Biscuits & Gravy Hash Brown Patty Spinach & Tomatoes Granola & Raisins *Birthday cake from Tanner Springs</p>	<p>30 Pork Tenderloin Polenta Beets Spiced Apples Jell-O</p>	<p>Thanksgiving Sunday Dinner on November 19th. Tickets on sale in the gift shop or at the door.</p>



Nutrition Program: 503-654-3030
5440 SE Kellogg Creek Drive
Milwaukie, OR 97222

www.milwaukiecenter.com
Monday-Friday 8:00 am—5 pm
Saturday & Sunday: Closed

Menu is subject to change at any time. To verify the current days choice, please feel free to call the center at 503-653-8100.