



Date: May 24, 2012

Contact(s): **Beth Meyer**, recreation supervisor
bmeyer@clackamas.us; (503) 794-8015

NCPRD DEVELOPS GRANT-FUNDED HEALTHY EATING, ACTIVE LIVING SUMMER CAMP

Clackamas County, OR – North Clackamas Parks and Recreation District is offering a new summer camp concept in June called Eat, Play, Live Camp which will focus on teaching kids healthy living habits. Priority will be given to North Clackamas School District students who participate in the free/reduced lunch program or demonstrate financial hardship.

The week-long camp will be offered twice from 9 a.m.-3 p.m. Monday through Friday during the weeks of June 18-22 (for 4th and 5th grade students) and June 25-29 (for 6th through 8th grade students) at the Wichita Center for Family and Community at 6031 SE King Road, Milwaukie. The cost is \$40, and scholarships, provided by NCPRD, are available.

This camp is made possible through a Healthy Eating Active Living (HEAL) grant from Clackamas County's Department of Health, Housing and Human Services as well as partnerships with Oregon State University Extension Services and the North Clackamas School District.

Eat ,Play, Live Summer Camp is a dynamic, fun and educational adventure which will encourage kids to make healthful lifestyle choices. The camp will focus on the topics of overall health, fitness activities and nutrition education with the intent of helping kids create sustainable healthy eating and fitness habits. Kids will be led by OSU Extension staff in a number of fun hands-on cooking activities, including preparing their own lunches with ingredients donated by area businesses such as Dave's Killer Bread. Campers will also participate in group fitness classes, art projects and other fun day camp activities.

There is limited space available for the Eat Play Live Camp and interested participants must apply for a seat at camp. The application can be found online at ncprd.com or picked up in person at the North Clackamas Aquatic Park.

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