



Milwaukie Center JULY 2018 MENU



NORTH CLACKAMAS
PARKS & RECREATION DISTRICT
MILWAUKIE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Baked Cod Quinoa Collard Greens Roll Apple</p>	<p>3 Soft Chicken Taco Black Beans Spanish Rice Cookie</p>	<p>Happy 4th of July</p>	<p>5 Sausage on a bun Broccoli Baked Beans Potato Chips</p>	<p>6 Egg Strata Turkey Sausage Spiced Apples Juice Cup</p>
<p>9 Stuffed Cabbage Mixed Vegetables Cornbread Banana</p>	<p>10 Tuna Noodle Casserole Brussels Sprouts Roll Wheatberry & Bean Salad Peaches</p>	<p>11 Egg Salad Sandwich Lettuce & Pickle Pea Salad Cottage Cheese Pineapple</p>	<p>12 Hamburger Tater Tots Scandinavian Veggies</p> <p><i>GREAT AMERICAN BBQ AT THE CENTER.</i></p>	<p>13 Baked Potato w/Cheese Broccoli Chili Mixed Green Salad Berry Crunch</p>
<p>16 Meatballs w/Gravy Mashed Potatoes Carrots Roll Cookie</p>	<p>17 Beef & Bean Burrito Tomatoes & Mangos Spanish Rice Mandarin Oranges</p>	<p>18 Chicken Caesar Salad Croutons Cottage Cheese Tropical Fruit</p>	<p>19 Spaghetti Green Beans Roll Green Salad Pudding</p>	<p>20 Turkey Sandwich Corn Salad Lettuce & tomato Banana</p>
<p>23 Parmesan Chicken Polenta Peas Roll Orange</p>	<p>24 Beef Stir Fry Yakisoba Noodles Peppers & Tomatoes Egg Roll Carrot Salad Vanilla Wafers</p>	<p>25 Sloppy Joes Tater Tots Corn & Peppers Strawberry Shortcake</p> <p>*Birthday Cake at the Center from Tanner Springs</p>	<p>26 Chicken Salad on Lettuce Beet Salad Crackers Applesauce</p>	<p>27 Blueberry Waffle Turkey Ham Hash Browns Yogurt Granola</p>
<p>30 Stuffed Pepper Carrots Garlic Bread Pear</p>	<p>31 Beef Tips w/Gravy Mashed Potatoes Country Blend Veggies Roll Cottage Cheese Peaches</p>	<p>PROVIDENCE Milwaukie Hospital</p>		