





Milwaukie Center

DECEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Twice Baked Potato Broccoli Chili Banana	4 Spaghetti Spinach Garlic Bread Romaine Salad Marion Berry Crunch	5 Fish Burger Scandinavian Veggies Oven Fries Fruit Cocktail	6 Orange Chicken Rice Winter Veggie Blend Egg Roll Fortune Cookie	7 French Toast Turkey Ham Oatmeal Yogurt Berries
10 Stuffed Pepper Beets Roll Juice Cup	11 Cuban Beef Rice Black Beans Braised Cabbage Tropical Fruit	12 Roasted Chicken Red Potatoes Peas & Carrots Roll Peaches	13 Pizza Capri Vegetables Roasted Brussels Sprouts Cranberries & Granola Apricots	14 Crab Cakes Rice Pilaf Corn Biscuit Mandarin Orange Salad Vanilla Wafers
17 Bean & Cheese Burrito Spanish Rice Tomatoes & Mangoes Cookie	18 Open Face Turkey Sandwich w/Gravy Sweet Potatoes Cranberry Sauce Green Salad Applesauce & Berries	19 Scrambled Eggs Ham Hash Browns Yogurt <i>*Meals delivered an hour early today. Brunch at the Center</i>	20 Oven Fried Rice Chinese Pork Egg Roll Green Beans Fortune Cookies	21 Swedish Meatballs Noodles Country Vegetables Roll Beet Salad Pears
24 Salisbury Steak Mashed Potatoes w/Gravy Peas Roll Apple		26 Chicken & Rice Casserole Stewed Tomatoes Roll Orange * Birthday Cake from Tanner Springs in the Trillium Room	27 Grilled Salmon w/ Hollandaise Polenta Asparagus Roll Cottage Cheese Peaches	28 Ziti w/Tomato Sauce Capri Vegetables Squash Applesauce w/ Raisins
31 Tuna Salad Sandwich Coleslaw Pineapple Chips				<p>Suggested donation is \$3.00 per meal. Your donation for the meal keeps them wheeling.</p>