



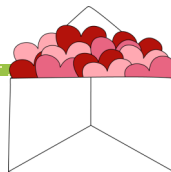




## Milwaukie Center Nutrition Program

Mon	Tue	Wed	Thu	Fri
<p>Join us for the same lunch served at the Center at Noon.</p> <p>Transportation is available by calling 503-794-8014</p>	<p>Thank you to Bob's Red Mill for all our baking needs and more.</p> 			<p>1 Baked Salmon Polenta Oregon Bean Blend Roll Banana</p>
<p>4 Chicken Breast w/Gravy Mashed Potatoes Zucchini Roll Cookie</p>	<p>5 Pork Stir Fry Yakisoba Noodles Snow Peas Spring Roll Mandarin Oranges Fortune Cookie</p>	<p>6 Corned Beef Braised Cabbage Potatoes O'Brien Roll Quinoa Salad Granola</p>	<p>7 Tuscan Turkey Sandwich Pasta Salad Pineapple Jell-O Salad</p>	<p>8 Ham &amp; Scalloped Potatoes Brussels Sprouts Country Blend Veggies Strawberry Shortcake</p>
<p>11 French Toast Scrambled Eggs Bacon Applesauce</p>	<p>12 Pork Tenderloin Sweet Potatoes Braised Cabbage Cornbread Pea Salad</p>	<p>13 Hot Dog on a Bun Baked Beans Spinach w/Tomatoes Potato Salad</p>	<p>14 Cheese Pizza Roasted Cauliflower Beets Broccoli Slaw Pudding</p> 	<p>15 Chicken Cordon Blue Quinoa Mixed Vegetables Cherries Cinnamon Roll</p>
<p>PRESIDENT'S DAY</p> <p>CENTER CLOSED NO MEALS ON WHEELS</p> 	<p>19 Chicken Soft Taco Refried Beans Mexi Corn Juice Cup</p>	<p>20 Meatloaf w/Gravy Mashed Potatoes Kale Roll Bran Bar</p>	<p>21 Pierogis w/Cheese Sauce Green Beans Stewed Tomatoes Mandarin Oranges</p>	<p>22 Parmesan Chicken Polenta Spinach Roasted Cauliflower Pears</p>
<p>25 Crab Cake Rice Broccoli Normandy Garlic Bread Orange</p>	<p>26 Bacon, Egg and Cheese Biscuit Potato Rounds Spiced Apples Yogurt Muffin</p>	<p>27 Chicken Caesar Salad Three Bean Salad Fruit Cocktail *Birthday Cake from Tanner Springs at the Center</p>	<p>28 Sloppy Joes Oven Fries Collard Greens Carrot Salad Marion Berry Crisp</p>	<p>DON'T MISS OUR SPAGHETTI DINNER ON JANUARY 26TH, 4 TO 6:30 PM. \$7 FOR ADULTS AND \$3.00 FOR KIDS, ALL YOU CAN EAT.</p>



Nutrition Program: 503-654-3030  
5440 SE Kellogg Creek Drive  
Milwaukie, OR 97222

www.milwaukiecenter.com  
Monday-Friday 8:00 am-5 pm  
Saturday & Sunday: Closed

Menu is subject to change at any time. To verify the current days choice, please feel free to call the center at 503-653-8100.