



ADOPT-A-PARK SAFETY GUIDELINES

DO:

- Wear light or bright colored clothing, hard-soled shoes (no sandals), and sturdy work gloves. Long pants are suggested.
- Sun block and wearing a hat in sunny weather are suggested.
- Bring a water bottle.
- Lift all objects with your legs, not with your back.
- Tie bags tightly before putting in the garbage receptacles. *If bags do not fit in the garbage cans then place them next to the cans.*
- Work during park hours (30 minutes before sunrise and 30 minutes after sunset) and in daylight.
- Work with a partner whenever possible.
- Have a first-aid kit on hand for minor injuries or mishaps.
- Report aggressive or inappropriate behavior to the **Clackamas County Sheriff non-emergency dispatch at 503-655-8211. For emergencies or threatening behavior call 911.**
- Report any vandalism or park hazards to the District's Parks Maintenance Office (503-794-8030).
- Make sure that all volunteers in your business or group are familiar with these safety guidelines and bring this packet with you.

DON'T:

- Overexert yourself. Be sure to drink plenty of fluids, take breaks and dress appropriately for the weather.
- Bring small children or pets along on projects unless they can be closely supervised.
- Leave children or pets locked in the car at work locations.
- Pick up materials that you suspect might be hazardous, such as needles or drug paraphernalia. Call the **NCPRD maintenance office immediately at 503-794-8030** (M-F 8:30am-5:00pm) and give the precise location of the material. If after business hours, contact the **Fire Prevention Office at 503-742-2660.**
- Engage with any agitated or aggressive individuals or approach homeless camps. Instead, please report camps to **NCPRD maintenance office at 503-794-8030.**
- Use any power tools unless it has been pre-approved by the NCPRD staff.
- Use any herbicides, pesticides, chemicals, paint, stains or cleaning supplies without authorization by NCPRD.
- Assume everyone remembers or knows safe work practices and safety guidelines.

SAFETY GUIDELINES FOR TEACHERS AND GROUP LEADERS:

- Group leaders must be 18 years of age or older.
- Youth must be supervised at all times.
- Review safety rules carefully with students before they begin the clean-up project.
- Knot bags tightly before placing them in the garbage receptacles; do not stomp on them.
- If applicable, wash paintbrushes in sink; do not pour excess paint down the drain.
- Report any safety hazard to the Parks Maintenance office at 503-794-8030.
- Add any additional precautions you feel appropriate.
- Go over all safety guidelines.

FOR STUDENTS AND YOUTH:

- Stay within sight of your teacher or group leader.
- Work with a friend.
- Do not pick up any sharp objects, such as broken glass or needles.
- Report any broken park equipment, such as swings, to your teacher or group leader.
- If park workers are present during their job, don't run in front of them or get too close when they are operating machinery.
- Wash your hands completely when you are done with your work.

For additional questions, please contact NCPRD staff at **503-794-8030** or email **maintance@ncprd.com**.