

Milwaukie Community Center



December 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Thank you for your donations to support Milwaukie Center's Meals on Wheels Program.</p>	<p>1 Chicken Teriyaki Brown Rice Winter Vegetable Blend Egg Roll Fortune Cookie</p>	<p>2 Beef & Barley Casserole Lima Beans Roll Yogurt</p>
<p>5 Stuffed Pepper Broccoli Roll Bob's Bar</p>	<p>6 Cuban Beef Rice Black Beans Spinach Tropical Fruit</p>	<p>7 Roasted Chicken Red Potatoes Peas & Carrots Roll Granola & Cranberries</p>	<p>8 Hot Dog Capri Vegetables Roasted Brussel Sprouts Peaches</p>	<p>9 Veal Patty Mashed Potato & Gravy Braised Cabbage Roll Mandarin Orange Salad</p>
<p>12 Bean & Cheese Burrito Spanish Rice Mexi Corn Tomato & Mango Salsa Cookie</p>	<p>13 Open Faced Turkey Sandwich w/Gravy Sweet Potatoes Zucchini Cranberry Sauce</p>	<p>14 Salmon Burger Vegetable Tater Tots Pineapple</p>	<p>15 Chinese BBQ Pork Fried Rice Egg Roll Green Beans Mandarin Oranges</p>	<p>16 Swedish Meatballs w/ Gravy Egg Noodles Vegetable Roll Pears</p>
<p>19 Pork Chop Mashed Potatoes w/ Gravy Peas Roll Apple</p>	<p>20 Chicken & Dumplings Stewed Tomatoes Butternut Squash Roll Berries</p>	<p>21 Pasta w/Tomato Sauce & Parmesan Vegetable Garlic Toast Applesauce</p>	<p>22 Crab Cakes w/ Hollandaise Polenta Asparagus Roll Carrot Salad</p>	<p>23 French Toast Oatmeal Potato Wedges Orange Juice Cup</p>
	<p>27 Hard Boiled Egg w/ English Muffin Tater Tots Tomatoes & Peppers Mixed Nuts</p>	<p>28 Chicken Breast Cous Cous Carrots Roll Fruit Salad</p>	<p>29 Kielbasa Potatoes Beets Biscuit Grapes</p>	<p>30 Tuna Sandwich Corn Salad Quinoa Salad Chips</p>