



MAY 2023 MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 Chicken Dijon Brown Rice Venetian Vegetables Roll Jell-O | 2 Red Beans and Rice Collard Greens Cornbread Carrot Raisin Salad | 3 Breakfast Casserole Roasted Potatoes Capri Mix Vegetables Bran Bar | 4 Stuffed Pepper Spinach Roll Pears | 5 Chicken Taco Refried Beans Fiesta Corn Churro Crackers *Cinco de Mayo |
| 8 Spaghetti w/Meat Sauce Zucchini Garlic Toast Biscotti Cookie | 9 Baked Cod Quinoa Peas Roasted Potatoes Kale Slaw | 10 Beef Stroganoff Noodles Stewed Tomatoes Brussel Sprouts Fruit Cocktail | 11 Belgian Waffle w/Berries Chicken Sausage Oatmeal Yogurt | 12 Cheese Pizza Green Beans w/ Sweet Peppers Carrots Apple Slices |
| 15 Egg Salad Sandwich 3 Bean Salad Pea Salad Granola Bar | 16 Moroccan Spiced Chicken Couscous Broccoli & Cauliflower Carrots Sesame Cabbage Slaw | 17 Tuna Casserole Zucchini Roll Pineapple | 18 Roasted Pork Tenderloin Braised Cabbage Roasted Potato Wedges Spiced Apples Granola | 19 Fish Fillet Sandwich Scandinavian Vegetables Beets Coleslaw |
| 22 Chicken Sausage Brown Rice Corn Stewed Tomatoes Applesauce Cup | 23 Baked Potato w/Cheese Vegetarian Chili Broccoli Carrot Raisin Salad | 24 Salisbury Steak Mashed Potatoes w/ Gravy Mixed Vegetable Roll Cottage Cheese | 25 Florentine Pasta Shell w/ Marinara Peas & Carrots Garlic Toast Berry Crunch | 26 BBQ Chicken Thigh Baked Beans Sweet Potato Fries Spinach Dried Fruit |
| <p>Happy Memorial Day!</p> | 30 Cauliflower & Beef Hash Baby Carrots Orange | 31 Salmon Filet Rice Yellow Squash Roll Lemon Cookie | | |