



2023 Summer Camps

Summer camp season is here! If you're looking for ways to keep your children active and having fun once school is out – we've got you covered. NCPRD offers a variety of day camps for ages 3 and up, designed to inspire inquisitive minds, introduce new skills and keep kids moving.

REGISTRATION

Opens for NCPRD residents
on **April 4 at 9 a.m.** and
non-residents on **April 11 at 9 a.m.**

COOKING AND CRAFTS

COOKING CAMP | AGES 7-12

Dice, grate, measure and pour! Your child's inner chef will love this camp. Learn fun food and nutrition facts while preparing delicious one-portion main or side dishes and treats. This camp teaches food and kitchen safety while providing instruction on how to prepare simple, yet delicious dishes. To ensure camper safety, this camp uses induction burners and cookware; however, campers may use small paring knives and graters to prepare ingredients for some recipes. Please note that due to oven space limitations, campers may bring some of their prepared dishes or treats home to cook.

COOL CRAFTS CAMP | AGES 7-11

From painting and drawing, to paper crafts and beads, your little artist will flourish in this camp! Campers will create unique and fun art and craft projects throughout the week. To shake things up, campers may also play traditional summer camp games.

DANCE AND CHEER

CHEER STARZ DANCE CAMP | AGES 5-11

Show your spirit with NCPRD's award-winning coed Cheer Starz camp! Campers will learn choreographed dance routines incorporating basic arm motions and dance steps. This camp focuses on mini-jazz, ballet and hip-hop dances. Routines will be showcased for family and friends on the final day of camp.

DANCE AND TUMBLING CAMP | AGES 5-11

Your child will leap for joy while learning dance moves and tumbling techniques! This coed camp focuses on mini-jazz, ballet and hip-hop dances. Campers will learn basic techniques, including leaps, turns, jumps, forward rolls, handstands, cartwheels, round-offs, and front and back walkovers. On Friday, campers will showcase their newly learned skills at a performance for family and friends.



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HORSEBACK RIDING

HORSEBACK RIDING | AGES 8-18

Learn the ropes of English style riding. Highland Stables offers professional instruction on riding and horse care. Campers are required to wear boots or hard-soled shoes. Riding helmets are provided for all participants.

INCLUSION

INCLUSION DANCE CAMP | AGES 12-25

Show your spirit with NCPRD's award-winning coed Cheer Starz camp! Campers with a disability or additional need will learn choreographed dance routines incorporating basic arm motions and dance steps that will be performed for family and friends on the final day of camp. The routines taught will be modified to fit participants' abilities and needs.

INCLUSION FITNESS, CRAFTS AND SPORTS CAMP | AGES 12-25

Keep the mind and body active and engaged through a variety of fun activities. Campers with a disability or additional need will enjoy arts and crafts, fitness, and varied sports, such as soccer and basketball. Camp activities will be tailored to meet individual camper needs.

NATURE

OUTDOOR EXPLORERS | AGES 6-11 | 4-DAY CAMP

Discover the world around you! Campers will roll up their sleeves and dig into fun as they learn about and explore the great outdoors through a variety of nature-themed projects, crafts and activities. Campers will enjoy hikes through Hidden Falls, Mount Talbert Nature Park and North Clackamas Park, while observing nature and identifying native plants and animals.



SPORTS

FLAG FOOTBALL CAMP | AGES 5-12

Let's play some flag football! This camp teaches the fundamentals of pull-the-flag football through sports-specific drills. Techniques taught in this camp are the same as the age appropriate USA Football techniques taught in our Spring Flag Football program. Several traditional non-flag football related camp games will also be played in this camp.

FUN FIELD DAYS | AGES 5-11

Get outside and play! Campers will enjoy a variety of outdoor sports, games and activities. To beat the heat, select Fun Field Days camps may enjoy a fun water day on the field!

MULTI-SPORT CAMP | AGES 5-11

Dunk it, spike it and kick it! Campers will learn a new sport each day, both indoor and outdoor, including basketball, pull-the-flag football, soccer, volleyball, badminton, pickleball, kickball and more. The sports played vary per camp and not all sports listed above will be played during each week of camp. If the weather is warm, this camp may also include fun water games.

PICKLEBALL | AGES 7-11

Campers will enjoy building friendships while learning this easy-to-learn, but difficult to master game! Campers will improve their eye-hand coordination while avoiding the pickleball "kitchen." To mix things up, campers will also play a variety of fun, non-pickleball related summer camp games.

PRE-KINDERGARTEN MULTI-SPORT AND CRAFTS | AGES 3-5

Kick it, throw it, dribble it and dunk it! Preschool-aged children will learn a new sport each day while developing motor skills in a fun and supportive environment. Campers will also enjoy playing a variety of camp games, relaxing during story time, creating several art and craft projects during the week. All campers must be potty-independent to attend this camp.

SOCCER | AGES 5-11

Campers will learn soccer fundamentals through fun drills and games. To shake things up, this camp will also include some non-soccer related summer camp games. If the weather is hot, campers may also cool down with water-themed games during the week.

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SPORTS (CONT.)

SUPER HOOPERS BASKETBALL | AGES 5-11

Dribble, drive and dish the ball! Open to all skill levels, campers will hit the court to learn the basics of the game and pick up advanced skills from a variety of exciting activities, drills and games. This camp may spend time both indoors and outdoors, weather and facility dependent.

TENNIS | AGES 9-13

Discover the game of tennis! Campers will enjoy learning the proper grip, footwork and techniques for each stroke, all while mastering the rules and etiquette of this lifetime sport. Tennis racquets provided.

BEGINNER – If learning the fundamentals of the game is your goal, you won't want to miss out on this camp! Campers will practice various groundstrokes through exciting games and challenges.

BASIC/INTERMEDIATE – Campers will review the fundamentals while improving their footwork and rally stamina through a variety of fun games and activities.

MIDDLE SCHOOL/INTERMEDIATE – Campers will sharpen their fundamentals with integrated games that promote an overall awareness of how the sport of tennis is played.

TRACK AND FIELD | AGES 5-11

Run faster and go farther! Campers will experience the thrill of setting new personal bests in track and field events like sprints, relays, javelin and more. This camp will conclude with a mini-meet to showcase newly learned skills.

VOLLEYBALL | AGES 8-14

Pass it, set it up and spike it down! Campers will learn the fundamentals of volleyball through targeted drills and fun games. This camp teaches the same fundamental techniques as Clackamas High School and NCPRD's Fall Sideout Volleyball Program. Whether your child is new to the game or refreshing their skills for the 2023 fall volleyball season – they won't want to miss this camp.



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SUMMER CAMP SCHEDULE

FOR EVERYONE AGES 3 AND UP

Campers: please wear athletic attire, sneakers, and bring a snack, water and personal bottle of hand sanitizer each day.

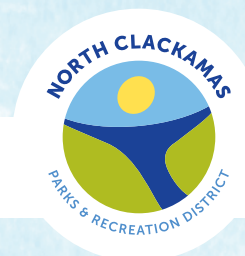
DATE	CAMP	DAYS	TIME	AGE	LOCATION	FEE	
6/26-6/30	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	NCPRD \$295 NR \$305	x
6/26-6/30	Super Hoopers	M-F	9 a.m.-noon	5-8	Campbell Elementary	NCPRD \$126 NR \$157	x
6/26-6/30	Super Hoopers	M-F	1 p.m.-4 p.m.	8-11	Campbell Elementary	NCPRD \$126 NR \$157	x
6/26-6/30	Pickleball Camp	M-F	9 a.m.-noon	7-11	Concord School Property	NCPRD \$126 NR \$157	x
6/26-6/30	Fun Field Days	M-F	9 a.m.-noon	5-11	Adrienne C. Nelson Sports Complex	NCPRD \$126 NR \$157	x
6/26-6/30	Tennis Basic/intermediate	M-F	9:30 a.m.-noon	9-13	Adrienne C. Nelson High School	NCPRD \$126 NR \$157	x
6/26-6/30	Inclusion Fitness, Crafts and Sports	M-F	9 a.m.-noon	12-25	Concord School Property	NCPRD \$126 NR \$157	x
7/3-7/7	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	NCPRD \$295 NR \$305	x
7/5-7/7	Cooking Camp	W-F	9 a.m.-noon	7-12	Concord School Property	NCPRD \$87 NR \$109	x
7/5-7/7	Soccer Camp	W-F	9 a.m.-noon	5-8	Adrienne C. Nelson Sports Complex	NCPRD \$76 NR \$95	x
7/5-7/7	Soccer Camp	W-F	1 p.m.-4 p.m.	8-11	Adrienne C. Nelson Sports Complex	NCPRD \$76 NR \$95	x
7/5-7/7	Cool Crafts Camp	W-F	9 a.m.-noon	7-11	Concord School Property	NCPRD \$87 NR \$109	x
7/10-7/14	Horseback Riding	M-F	9 a.m.- noon	8-18	Highland Stables	NCPRD \$295 NR \$305	x
7/10-7/14	Pre-Kindergarten Multi-Sport and Crafts	M-F	9 a.m.- noon	3-5	Concord School Property	NCPRD \$126 NR \$157	x
7/10-7/14	Track and Field	M-F	9 a.m.- noon	5-11	Alder Creek Middle School	NCPRD \$126 NR \$157	x
7/10-7/14	Tennis Beginner	M-F	9:30 a.m.-noon	9-13	Clackamas High School	NCPRD \$126 NR \$157	x
7/10-7/14	Tennis Basic/Intermediate	M-F	1 p.m.-3:30 p.m.	9-13	Clackamas High School	NCPRD \$126 NR \$157	x

PROGRAM OFFERINGS AND SCHEDULES ARE SUBJECT TO CHANGE.



ATHLETIC ATTIRE WITH SNEAKERS REQUIRED


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SUMMER CAMP SCHEDULE

FOR EVERYONE AGES 3 AND UP

Campers: please wear athletic attire, sneakers, and bring a snack, water and personal bottle of hand sanitizer each day.

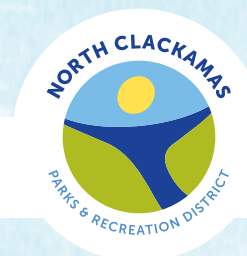
DATE	CAMP	DAYS	TIME	AGE	LOCATION	FEE	
7/10-7/14	Dance and Tumbling Camp	M-F	9 a.m.-noon	5-11	Concord School Property	NCPRD \$126 NR \$157	x
7/17-7/21	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	NCPRD \$295 NR \$305	x
7/17-7/21	Fun Field Days	M-F	9 a.m.-noon	5-11	Concord School Property	NCPRD \$126 NR \$157	x
7/17-7/21	Flag Football Camp	M-F	9 a.m.-noon	5-8	Pfeifer Park	NCPRD \$126 NR \$157	x
7/17-7/21	Flag Football Camp	M-F	1 p.m.-4 p.m.	5-8	Pfeifer Park	NCPRD \$126 NR \$157	x
7/17-7/21	Super Hoopers	M-F	9 a.m.- noon	5-8	Campbell Elementary	NCPRD \$126 NR \$157	x
7/24-7/28	Horseback Riding	M-F	9 a.m.-noon	8-18	Highland Stables	NCPRD \$295 NR \$305	x
7/25-7/28	Outdoor Explorers	T-F	9 a.m.-noon	6-11	North Clackamas Park, Hidden Falls, Mt. Talbert	NCPRD \$121 NR \$151	x
7/24-7/28	Track and Field	M-F	9 a.m.-noon	5-11	Alder Creek Middle School	NCPRD \$126 NR \$157	x
7/24-7/28	Volleyball Camp	M-F	9 a.m.-noon	8-11	Happy Valley Middle School	NCPRD \$126 NR \$157	x
7/24-7/28	Volleyball Camp	M-F	1 p.m.-4 p.m.	11-14	Happy Valley Middle School	NCPRD \$126 NR \$157	x
7/24-7/28	Tennis Beginner	M-F	9:30 a.m.-noon	9-13	Risley Park	NCPRD \$126 NR \$157	x
7/31-8/4	Soccer Camp	M-F	9 a.m.-noon	5-8	Risley Park	NCPRD \$126 NR \$157	x
7/31-8/4	Soccer Camp	M-F	1 p.m.-4 p.m.	8-11	Risley Park	NCPRD \$126 NR \$157	x
7/31-8/4	Tennis Middle School, Intermediate	M-F	9:30 a.m.-noon	11-14	Clackamas High School	NCPRD \$126 NR \$157	x

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7/31-8/4	Inclusion Dance and Cheer Camp	M-F	9 a.m.-noon	12-25	Concord School Property	NCPRD \$126 NR \$157	X
7/31-8/4	Cooking Camp	M-F	9 a.m.-noon	7-12	Concord School Property	NCPRD \$145 NR \$182	X
8/7-8/11	Multi-Sport Camp	M-F	9 a.m.-noon	5-11	Cascade Heights Charter School	NCPRD \$126 NR \$157	X
8/7-8/11	Dance Camp	M-F	9 a.m.-noon	5-11	Concord School Property	NCPRD \$126 NR \$157	X
8/7-8/11	Fun Field Days	M-F	9 a.m.-noon	5-11	North Clackamas Park	NCPRD \$126 NR \$157	X
8/7-8/11	Cool Crafts	M-F	9 a.m.-noon	7-12	Concord School Property	NCPRD \$145 NR \$181	X
8/14-8/18	Pre-Kindergarten Multi-Sport and Crafts	M-F	9 a.m.-noon	3-5	Concord School Property	NCPRD \$126 NR \$157	X
8/14-8/18	Soccer Camp	M-F	9 a.m.-noon	5-11	Pfeifer Park	NCPRD \$126 NR \$157	X
8/14-8/18	Inclusion Fitness, Crafts and Sports	M-F	9 a.m.-noon	12-25	Concord School Property	NCPRD \$126 NR \$157	X
8/14-8/18	Super Hoopers	M-F	9 a.m.- noon	8-11	Campbell Elementary	NCPRD \$126 NR \$157	X

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