



FREE!

WORKSHOPS AND MEET-AND-GREETS

AT THE MILWAUKIE COMMUNITY CENTER (5440 SE Kellogg Creek Dr., Milwaukie)

Not sure which fitness or enrichment class to take first? Try a free workshop or meet-and-greet before signing up for a class!

WORKSHOP AND MEET-AND-GREET SCHEDULE

BEGINNING KARATE FOR KIDS WORKSHOP	MONDAY, JAN. 8	5:15-6 P.M.
BEGINNING KARATE FOR ADULTS WORKSHOP	MONDAY, JAN. 8	6:15-7 P.M.
MINDFUL MEDITATION MEET-AND-GREET	TUESDAY, JAN. 9	6-6:30 P.M.
EZ DOES IT AEROBICS WORKSHOP	WEDNESDAY, JAN. 10	8:30-9:15 A.M.
WRITING: CREATIVE/YOUR STORY MEET-AND-GREET	WEDNESDAY, JAN. 10	1:30-2 P.M.
WATERCOLOR MEET-AND-GREET	THURSDAY, JAN. 11	2:30-3 P.M.
MIXED MEDIA MEET-AND-GREET	THURSDAY, JAN. 11	3-3:30 P.M.
SPANISH II/CONVERSATION II MEET-AND-GREET	THURSDAY, JAN. 11	4:30-5 P.M.
INTRODUCTION TO SPANISH MEET-AND-GREET	THURSDAY, JAN. 11	5-5:30 P.M.

PRE-REGISTRATION FOR WORKSHOPS AND MEET-AND-GREETS IS REQUIRED;
SIGN UP ONLINE AT NCPRD.COM OR BY CALLING (503) 794-8092

