



Milwaukie Center DECEMBER 2023 MENU



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| | | | | 1 Beef & Barley Stew Lima Beans Roll Yogurt |
| 4 Stuffed Pepper Broccoli Roll Granola Bar | 5 Cuban Beef Rice Black Beans Spinach Tropical Fruit | 6 Roasted Chicken Thigh Red Potatoes Peas & Carrots Roll Dried Cranberries | 7 Hot Dog Capri Vegetables Roasted Brussel Sprouts Peaches | 8 Veal Patty w/ Mashed Potatoes & Gravy Braised Cabbage Roll Mandarin Orange & Beet Salad |
| 11 Chicken Enchilada Fiesta Corn Tomatoes & Mangoes Cookie | 12 Hot Open Faced Turkey Sandwich w/ Gravy Sweet Potatoes Zucchini Cranberry Sauce | 13 Salmon Burger Scandinavian Vegetable Tater Tots Pineapple | 14 Chinese BBQ Pork Fried Rice Egg Rolls Green Beans Mandarin Oranges | 15 Swedish Meatballs & Gra- vy Egg Noodles Country Vegetables Roll Pears |
| 18 Baked Pork Chop Mashed Potatoes & Gravy Peas Roll Apple | 19 Chicken & Dumplings Stewed Tomatoes Butternut Squash Roll Berries | 20 Scrambled Eggs Oatmeal Hash Browns Cottage Cheese *Holiday Brunch at the Center at 11:45 AM | 21 Crab cakes w/ Hollan- daise Polenta Asparagus Roll Carrot Salad | 22 French Toast Sausage Potato Wedges Orange Juice |
| | 26 Salisbury Steak w/Gravy Mashed Potatoes Peas Roll Mixed Nuts | 27 Chicken Breast w/ Cous Cous Carrots Roll Fruit Salad | 28 Kielbasa O'Brian Potatoes Beets Biscuit Grapes | 29 Tuna Salad Sandwich Corn Salad Quinoa Salad Multi Grain Chips |