



Milwaukie Community Center

JUNE 2024 MENU



NORTH CLACKAMAS
PARKS & RECREATION DISTRICT
MILWAUKIE CENTER

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Polenta Lasagna Spinach Garlic Bread Cookie | 4 Swedish Meatballs w/Gravy Noodles Broccoli Normandy Roll Fruit Salad | 5 Seasoned Chicken Breast Strips Brown Rice Edamame Vegetable Blend Carrots Pears | 6 Hamburger on a Bun Tater Tots Stewed Tomatoes Dried Apricots | 7 Chicken Caesar Salad w/ Croutons 3 Bean Salad Tropical Fruit Cottage Cheese |
| 10 Macaroni & Cheese Collard Greens Roll Granola Bar | 11 Teriyaki Chicken w/Vegetables Rice Peas Spring Roll Mandarin Oranges | 12 Chicken Taco Refried Beans Mexi Corn Churro Crackers | 13 Vegetable Pasta Salad Curried Bean Salad Peaches Crackers | 14 Turkey & Gravy Mashed Potatoes Glazed Carrots Green Beans Cranberry Sauce |
| 17 Meatloaf & Gravy Mashed Potatoes Asparagus Carrots Banana | 18 Cod Couscous Oven Roasted Vegeta- bles Cornbread Carrot Raisin Salad | 19 <p style="text-align: center;">Closed In Observation of Juneteenth</p> | 20 Chicken Enchilada Bake Black Beans Mexi Rice Tropical Fruit | 21 Scrambled Egg Bake Roasted Potato Spiced Apples Fruit Cocktail |
| 24 Cabbage Roll Edamame Vegetable Blend Roll Cookie | 25 Twice Baked Potato Carrots Brussel Sprouts Marinated Beets | 26 Kielbasa Peppers & Onions Potatoes Stewed Tomatoes Mandarin Oranges | 27 Butternut Squash Ravioli w/ Alfredo Sauce Green Beans w/Peppers Roll Applesauce & Berries | 28 Salmon Rice Pilaf Broccoli Roll Pineapple |
| Nutrition Program: 503-794-8035 Please call by 9:45 am for Meals on Wheels Cancelations. | The suggested donation is \$3.00 which covers a portion of the meal's service. | | | |