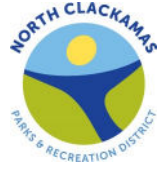


**Milwaukie Community Center
Nutrition Program**



DECEMBER 2024 MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 Stuffed Pepper Broccoli Roll Granola Bar	3 Cuban Beef Rice Black Beans Spinach Tropical Fruit	4 Roasted Chicken Thigh Red Potatoes Peas & Carrots Roll Dried Cranberries	5 Hot Dog on a Bun Capri Vegetables Roasted Brussel Sprouts Peaches	6 Veal Patty w/Gravy Mashed Potatoes Braised Cabbage Roll Fruit Cup
9 Chicken Enchilada Bake Fiesta Corn Tomatoes & Mangoes Cookie	10 Hot Turkey Sandwich Sweet Potatoes Zucchini Cranberry Sauce	11 Salmon Burger w/Bun Scandinavian Vegetable Tater Tots Pineapple	12 Teriyaki Pork Fried Rice Egg Roll Green Beans Mandarin Oranges	13 Swedish Meatballs Gravy Noodles Country Vegetable Roll
16 Baked Pork Chop Mashed Potatoes w/ Gravy Peas Roll Apple	17 Chicken & Dumplings Stewed Tomatoes Butternut Squash Roll Berries	18 Scrambled Eggs Oatmeal Hash Browns Cottage Cheese *Holiday Brunch at the Center noon to 1 pm	19 Crab Cakes w/ Hollandaise Polenta Asparagus Roll Carrot Salad	20 French Toast Sausage Potato Wedges Orange Juice
23 Chicken Tenders French Fries Carrots Spinach Fruit Cup	24 Stuffed Sole Peas Roll Pears	25 	26 Kielbasa O'Brien Potatoes Beets Biscuit Pudding	27 Cheese Omelet Oatmeal w/Dried Fruit Sausage Link AppleSlices
30 Stuffed Cabbage Lima Beans Roll Yogurt	31 Hoppin John Collard Greens Cornbread Almond Biscotti		Nutrition Program: Please call before 9:45 am for Meals On Wheels Cancellations	503-794-8035

Milwaukie Community Center Nutrition Program: 503-794-8035
5440 SE Kellogg Creek Drive, Milwaukie, OR 97222
www.ncprd.com/milwaukie-center