

Milwaukie Community Center Nutrition Program



FEBRUARY 2025 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Breast w/Gravy Mashed Potatoes Brussel Sprouts Cauliflower Cookie	4 Pork Stir Fry Brown Rice Baby Corn Spring Roll Mandarin Oranges	5 Vegetable & Lentil Bake Kale Roll Fruit Salad	6 Turkey Ala King Spinach Squash Gingersnaps	7 French Toast Sticks Hardboiled Egg Spiced Apples Yogurt & Berries
10 Chicken Caesar Salad Croutons Three Bean Salad Carrot Salad Apple	11 Sloppy Joe Oven Fries Collard Greens Fruit Cup	12 Salmon w/Hollandaise Couscous Asparagus Roll Lemon Pudding	13 Butternut Squash Ravioli Alfredo Sauce Spinach Stewed Tomatoes Apricots	14 Ham & Scalloped Potato Brussel Sprouts Bean Blend Vegetable Pineapple Cu
Closed For Presidents Day PRESIDENT'S DAY	18 Pork Loin Sweet Potatoes & Cranberries Braised Red Cabbage Cornbread Apple Slices	19 Turkey Hot Dog Vegetarian Beans Spinach w/Tomatoes Potato Salad	20 Cheese Pizza Roasted Cauliflower Beets Broccoli Slaw	21 Creamy Chicken Bake Quinoa Mixed Vegetables Peaches
24 Crab Cake Rice Broccoli Normandy Garlic Bread Carrot Sticks	25 Meatloaf w/Gravy Mashed Potatoes Kale Roll Muffin	26 Chicken Parmesan Pasta Spinach Roasted Cauliflower Pears	27 Turkey Sandwich Pasta Salad Pea Salad Banana Pudding	28 Chicken Soft Taco Refried Beans Corn Blend Churro Sticks
		Nutrition Program: Please call before 9:45 am for Meals on Wheels Cancellations.	503-794-8035	The suggested donation is \$3.00 which covers a portion of the meal's service.