

Milwaukie Community Center Nutrition Program



NORTH CLACKAMAS
PARKS & RECREATION DISTRICT
MILWAUKIE CENTER

MARCH 2025 MENU

	Tuesday	Wednesday	Thursday	Friday
	4 Cheese Pizza Roasted Cauliflower Beets Broccoli Slaw	5 Frittata w/Spinach & Cheese Stewed Tomatoes Yellow Squash Yogurt	6 Meat Loaf & Gravy Mashed Potatoes Country Blend Veggie Roll Tropical Fruit	7 Fish Patty on a Bun Carrots Tater Tots Lettuce & Pickles (in Cup)
	10 Pancakes Peanut Butter Chicken Sausage Hash brown Patty Banana	11 Bean & Barley Stew Roasted Cauliflower Spinach w/Tomatoes Fruit Cocktail	12 Lasagna Casserole Italian Blend Vegetables Garlic Toast Melon	13 Citrus Chicken Rice Broccoli Carrots Grapes
	17 (St. Patrick's Day) Corned Beef Cabbage Potatoes Roll Lime Jell-O Cup 	18 Open Faced Hot Turkey & Gravy Sandwich Greens Beans Stewed Tomatoes Rice Pudding	19 Edamame & Veggie Stir Fry over Rice Baby Corn Spring Roll Mandarin Oranges	20 Chicken & Bean Chili Cornbread Spinach Cottage Cheese
	24 Cod Filet Couscous Broccoli Normandy Roll Orange	25 Chicken Cacciatore Pasta Zucchini Mashed Cauliflower Apple & Cranberries	26 Pork Chop Stuffing Spiced Apples Spinach Bran & Blueberry Bar	27 Turkey Patty w/Gravy Mashed Potatoes Green Beans Roll Broccoli Salad
31 Ham Sandwich Potato Salad Mixed Fruit Salad Carrot Sticks	 <div><p>Nutrition Program: Please call before 9:45 am for Meals on Wheels Cancellations. 503-794-8035</p><p>The suggested donation is \$3.00, which covers a portion of the meal's service.</p><p><i>Thank you</i> </p></div>			

Milwaukie Community Center Nutrition Program: 503-794-8035

5440 SE Kellogg Creek Drive, Milwaukie, OR 97222

www.ncprd.com/milwaukie-center

Menu is subject to change at any time. To verify the current days choice, please feel free to call the center at 503-653-8100.