

Milwaukie Community Center

Nutrition Program

MAY 2025 MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	Please make your meal cancellation by 9:45 am 503-794-8035		1 Chili Mac & Cheese Oregon Bean Medley Cornbread Tomato Salad	2 Tuna Salad Sandwich Pea Salad Orange & Beet Salad Pudding
	5 Spaghetti w/MeatSauce Green Beans w/Peppers Garlic Toast Apple Slices	6 Meatloaf w/Gravy Mashed Potatoes Stewed Tomatoes Roll Kale Slaw	7 Baked Cod Quinoa Peas Roasted Baby Potatoes Fruit Cocktail	8 Belgian Waffle w/Berries Chicken Sausage Oatmeal Non Fat Yogurt
12 Egg Salad Sandwich 3 Bean Salad Pea Salad Granola Bar	13 Moroccan Chicken Couscous Broccoli & Cauliflower Carrots Sesame Cabbage Slaw	14 Tuna Bake Zucchini Roll Pineapple	15 Roasted Pork Loin Braised Cabbage Potato Wedges Spiced Apples Granola	16 Fish Sandwich Scandinavian Vegetables Beets Coleslaw
19 Beef & Broccoli Rice Baby Corn Spring Rolls Fortune Cookies	20 Salisbury Steak Mashed Potatoes Gravy Mixed Vegetables Roll Cottage Cheese	21 Baked Potato w/Cheese Vegetarian Chili Broccoli Carrot Raisin Salad	22 Florentine Pasta w/ Marinara Peas & Carrots Garlic Toast Berry Crunch	23 BBQ Chicken Thigh Baked Beans Sweet Potato Tots Spinach Dried Fruit
26 Closed for Memorial Day	27 Baked Salmon Rice Pilaf Asparagus Roll Orange	28 Lasagna Bake Normandy Vegetable Garlic Toast Caesar Slaw Salad	29 Sloppy Joes Tater Tots Peas Fruit Salad	30 Pepperoni Pizza Broccoli Carrots Peaches

Milwaukie Community Center Nutrition Program: 503-794-8035

5440 SE Kellogg Creek Drive, Milwaukie, OR 97222 www.milwaukiecenter.com